

ST. MARK'S IN-THE VALLEY

JULY 18, 2021, THE 8th SUNDAY AFTER PENTECOST, LECTIONARY: PROPER 11, YEAR B

THE HOLY EUCHARIST

THE WORD OF GOD

Prelude

Opening Acclamation *(standing, as able)*

Leader Blessed be the ☩ one, holy, and living God.

All **Glory to God for ever and ever. Amen.**

Hymn of Praise *(standing, as able, all please join in singing)*

Heal me hands of Jesus

Sharpe



1. Heal me, hands of Je - sus, and search out all my pain: re -
2. Cleanse me, blood of Je - sus, take bit - ter-ness a - way; let
3. Know me, mind of Je - sus, and show me all my sin; dis -
4. Fill me, joy of Je - sus: anx - i - e - ty shall cease and



store my hope, re - move my fear and bring me peace a - gain.
me for - give as one for-given and bring me peace to - day.
pel the mem - o - ries of guilt, and bring me peace with - in.
heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

The Collect of the Day *(standing, as able)*

Leader God is here.

All **God's spirit is with us.**

Leader Let us pray.

Leader God of the storm's still eye: when we are overwhelmed by pressures and demands which cut us off from life, take us to a place apart where we might find again our true heart's center, our far horizon, the silence that awaits a world where we can breathe; through Jesus Christ, who brings us near to you.

All **Amen.**

from Prayers for an Inclusive Church, Steven Shakespeare

The Readings

First Reading *(seated)*

Jeremiah 23:1-6

Reader A reading from the book of the prophet Jeremiah

¹ "Woe to the shepherds who are destroying and scattering the sheep in my pasture!" declares God.

² "Thus says our God, the God of Israel, concerning the shepherds who are tending my people:

THE TEN O'CLOCK SERVICE

You have scattered my flock and driven them away, and you have not attended to them. Behold, I am about to attend to you for the evil of your deeds, declares God. ³ Then I myself will gather the remnant of my flock out of all the countries where I have dispersed them, and will bring them back to their own pasture, and they will be fruitful and multiply. ⁴ I will also raise up shepherds who will look after them and pasture them. They will no longer be afraid or terrified nor will any be missing, declares our God. ⁵ Behold, the days are coming, declares God, when I will raise up for the house of David a righteous branch, who will reign as a true ruler and act wisely, and do what is just and right in the land. ⁶ In those days, Judah will be saved, and Israel will dwell securely. This is the Name on which they will call: 'Our God, Our Justice.'

Reader Hear what the Spirit is saying to God's people.
All **Thanks be to God.**

Psalm 23 (*remaining seated, please join in praying the psalm responsively by whole verses*)

Leader ¹ O God, you are my shepherd—
I want nothing more.

All ² **You let me lie down in green meadows;
you lead me beside restful waters:**

Leader ³ you refresh my soul. You guide me to lush pastures
for the sake of your Name.

All ⁴ **Even if I'm surrounded by shadows of Death,
I fear no danger, for you are with me.
Your rod and your staff—they give me courage.**

Leader ⁵ You spread a table for me in the presence of my enemies,
and you anoint my head with oil—my cup overflows!

All ⁶ **Only goodness and love will follow me all the days of my life,
and I will dwell in your house, O God, for days without end.**

The Gospel (*standing, as able*)

Mark 6:30-34, 53-56

Reader The ✠ Holy Gospel of our ✠ Savior Jesus Christ ✠ according to Mark.

All **Glory to you, O Christ.**

³⁰ The apostles came back to Jesus and reported all that they had done and taught. ³¹ Jesus said to them, "Come away by yourselves to someplace more remote, and rest awhile." For there were many people coming and going, and the apostles hadn't had time to eat. ³² So they went away in a boat to a deserted area. ³³ The people saw them leaving and many recognized them, so they ran together on foot from all the cities and got there ahead of the apostles. ³⁴ When Jesus went ashore, there was a large crowd waiting for him, and he felt compassion for them because they were like sheep without a shepherd. So he began to teach them many things.

⁵³ After crossing the lake, Jesus and the disciples came ashore at Gennesaret and tied up their boat there. ⁵⁴ No sooner had they stepped out of the boat than people recognized Jesus. ⁵⁵ The crowds started hurrying about the countryside and brought the sick on stretchers wherever Jesus went. ⁵⁶ Wherever he appeared—in villages, in towns or in the countryside—they laid down the sick in the open places, begging him to let them touch just the fringe of his cloak, and all who touched Jesus got well.

Reader The Gospel of the Lord.

All **Praise to you, O Christ.**

THE TEN O'CLOCK SERVICE

The Sermon (seated)

Affirmation of Faith (standing, as able)

Leader We are not alone; we live in God's world.

People **We believe in God:**

**who has created and is creating
who has come in Jesus,
the word made flesh,
to reconcile and make new,
who works in us and others by the Spirit.**

We trust in God.

We are called to be Christ's Body:

**to celebrate God's presence,
to love and serve others
to seek justice and resist evil,
to reveal Christ in this world,**

crucified and risen,

our support and our hope.

**In life, in death, in life beyond death,
God is with us.**

We are not alone. Thanks be to God.

Based on A New Creed, United
Church of Canada, 1980

The Prayers of the People (standing, as able)

Leader God, the pace of our lives is sometimes
faster than we can keep;

All **The needs of those around us
are sometimes more than we can handle;**

Leader The work before us sometimes seems unending;

All **And the chaos around us
is sometimes overwhelming.**

Leader We long to pause, to rest.

All **We thirst for renewal.**

Leader Help us to build rhythms into our lives
that account for our humanity,

All **For our need of rest,**

Leader For the necessity of silence,

All **For the expansiveness of stillness.**

Leader We turn to the One who leads us beside still waters,

All **Who gives us rest in green pastures, ¹**

Leader Who restores our souls, ²

All **Who overflows our cups, ³**

Leader Who gives us rest from all enemies,
both internal and external. ⁴

All **We bask in the faithfulness
and steadfast love of God. ⁵**

Leader When we feel like we can't catch a break,

All **Here you are, in solidarity with us, ⁶**

Litany for Catching a Break by Litanist **Fran Pratt**, from her Patreon collections and her book *Call and Response, Litanies for Congregational Prayer*. Find out more about Fran and her work at **franpratt.com**. ©Fran Pratt Used with permission.

1. Psalm 23:2
2. Psalm 23:3
3. Psalm 23:5
4. 2 Samuel 7:1
5. Psalm 89:24
6. Mark 6:31
7. Psalm 23:4,5
8. Mark 6:32

THE TEN O'CLOCK SERVICE

Leader Offering provision and comfort, 7
All **Leading us to some quiet place of rest.** 8,1
Leader Showing us the way back to equilibrium and gratitude,
All **To plug ourselves into your peace and love.**

Leader Let us find a balance between caring for humanity
All **And caring for ourselves as part of humanity.**
Leader Help us to take self-care seriously,
All **Addressing the needs of spirit, body, mind, and relationships;**
Leader And to see renewal as our sacred duty.
All **For when we renew ourselves, we renew the world. Amen.**

Confession and Absolution (*kneeling, as able*)

Leader Let us confess our sins to God.

A period of reflective quiet will be kept.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Leader ✠ Almighty God has mercy on us, forgives us our sins, and brings us to everlasting life.

All **Amen.**

The Peace (*standing, as able*)

Leader The peace of Christ be always with you.

All **And also with you.**

All are invited to greet one another and to share a sign of peace.

THE HOLY COMMUNION

At the Offertory Let us give, as each is able, according to the blessings God has given us.

Voluntary *Wayfaring Stranger*

arr. Tom Fettke

ST. MARK'S CHOIR

¹ I am a poor wayfarin' stranger, a trav'lin' through this world of woe;
But there's no sickness, toil or danger in that bright land to which I go.
I'm goin' there to see my mother, I'm goin' there no more to roam;
I'm just agoin' over Jordan, I'm just agoin' over home.

² I know dark clouds will hover o'er me, I know my pathway's rough and steep;
But golden fields lie out before me, where weary eyes no more shall weep.
I'm goin' there to see my father, I'm goin' there no more to roam;
I'm just agoin' over Jordan, I'm just agoin' over home.

³ I'll soon be free from ev'ry trial, this form shall rest beneath the sod;
I'll drop the cross of self-denial and enter in my home with God.
I'm goin' there to see my Savior, I'm goin' there no more to roam;
I'm just agoin' over Jordan, I'm just agoin' over home.
Goin' home, I'm goin' home.

THE TEN O'CLOCK SERVICE

Prayer for Birthdays and Anniversaries

At the Offertory (*standing, as able*)

Leader Blessed are you, God of all creation; through your goodness we have these gifts to share. Accept and use our offerings to love and serve the world.

All ***Blessed be God for ever.***

The Great Thanksgiving (*standing, as able*)

Leader God is here.

All ***God's Spirit is with us.***

Leader Lift up your hearts.

All ***We lift them to God.***

Leader Let us give thanks to God our Savior.

All ***It is right to give our thanks and praise.***

Leader O God, you made the world and love your creation. You gave your Son Jesus Christ to be our Savior. His living, dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and saying:

All ***Holy, holy, holy: God of mercy, giver of life; earth, sea, sky, and all that lives declare your presence and your glory. Hosanna in the highest.***

We praise and bless you, loving Creator, through Jesus Christ, our Lord; and as we gather at this holy table, send your Holy Spirit, that this broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body, which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you: This cup is the new covenant in my blood. Whenever you drink it, do this in the remembrance of me.

So, Holy One, we remember all that Jesus was and did, in him we embrace with confidence his coming among all of us as one of us, his birth, life, and self-offering upon the cross.

Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

All ***Living and dying you destroyed our death, rising you restored our life; Lord Jesus, come in glory.***

Continue to look with favor on your people, gather us in your loving arms and bring us with Blessed Mark, Blessed Mary of Magdala, Blessed Mary, Mother of Jesus, and all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, Almighty God, for ever and ever.

All ***AMEN.***

Leader And now, as our Savior Christ has taught us, we are bold to say,

Side 1 Our Father

Side 2 Our Creator

Side 1 Who art in heaven

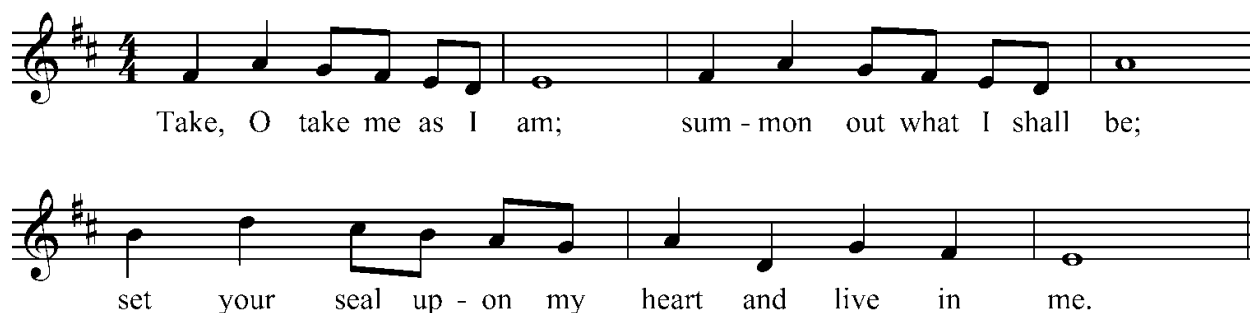
Side 1 – nearest the doors Side 2 – nearest the windows
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THE TEN O'CLOCK SERVICE

Side 2 *Who is in all the earth*
Side 1 *Hallowed be thy name*
Side 2 *Holy is your truth*
Side 1 *Thy kingdom come*
Side 2 *May your wisdom come*
Side 1 *Thy will be done, on earth*
as it is in heaven
Side 2 *Your circle be one,*
uniting heaven and earth
Side 1 *Give us this day our daily bread*
Side 2 *Give us today a nurturing spirit*
Side 1 *And forgive us our trespasses*
as we forgive those
who trespass against us
Side 2 *Heal through us*
as we ourselves are healed
Side 1 *Lead us not into temptation*
Side 2 *Lead us into Fullness of life*
Side 1 *But deliver us from evil*
Side 2 *And liberate all that is good*
Side 1 *For thine is the Kingdom,*
the power and the glory
Side 2 *For the Wisdom, Presence*
and Goodness are Yours
All ***Forever and ever. Amen.***

*Dominican Sisters Retreat,
Great Bend, Kansas
March 1993*

The Breaking of the Bread *Take, O take me as I am* *John Bell, Iona Community*
(please join in the fraction anthem below, singing it through twice)



Take, O take me as I am; sum - mon out what I shall be;
set your seal up - on my heart and live in me.

Communion is open to everyone.

All who seek God and are drawn to Christ are invited to receive communion here. You are welcome to come forward and take the bread and wine, the body and blood of Christ.

THE TEN O'CLOCK SERVICE

The Invitation (*all are invited to come forward now to receive*)

Leader The Gifts of God for the People of God.

The Communion

At Communion *Dolce and Largo from Partita No.1*

Georg Philipp Telemann

NICHOLE DECHAINED, *flutist*, BEVERLY STAPLES, *pianist*

The Postcommunion Prayer (*standing, as able*)

Leader Let us pray.

All ***O God, we have broken your bread and received your life. By the power of your Spirit keep us always in your love; through Jesus Christ our Savior. Amen.***

The Blessing

Leader Brothers and sisters, life is short and we haven't much time to encourage the hearts of those who travel with us. So be swift to love and make haste to be kind; and the ✠ blessing of God Almighty: Creating Presence, Redeeming Christ, and Life-giving Spirit, be with us and remain with us for ever.

All ***Amen.***

Dismissal (*standing, as able*)

Leader Let us go forth in Christ.

All ***Thanks be to God.***

THE POSTCOMMUNION HYMN IS ON THE NEXT PAGE.



THE TEN O'CLOCK SERVICE

Procession Out (standing, as able, all please join in singing)

Hymn *Healing river of the spirit*

tune *Beach Spring*



1 Heal-ing riv - er of the Spi - rit, bathe the wounds that liv - ing brings.
2 Well-spring of the heal-ing Spi - rit, stream that flows to bring re - lease,
3 Liv - ing stream that heals the na - tions, make us chan - nels of your pow'r.



Plunge our pain, our sin, our sad-ness deep be - neath your sa - cred springs.
as we gain our selves, our sens-es, may our lives re - flect your peace.
All the world is torn by con-flict; wars are rag - ing at this hour.



Wea - ry from the rest - less search-ing that has lured us from your side,
Grate-ful for the flood that heals us, may your church en - act your grace.
Sav - ing Spi - rit, move a - mong us; guide our wind - ing hu - man course,



we dis-cov - er in your pres - ence peace that world can - not pro - vide.
As we meet both friend and strang-er, may we see our Sav-ior's face.
till we find our way to - geth - er, flow - ing home-ward to our source.

Words: Ruth C. Duck, from *Circles of Care: Hymns and Song*
Music: *Beach Spring*, from *The Sacred Harp*, Philadelphia, 1844

Postlude

All are welcome to conversation, coffee and iced tea
in the Courtyard, in front of Stacy Hall.

ST. MARK'S-IN-THE-VALLEY

EPISCOPAL CHURCH AND PRESCHOOL

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